

October Monthly Minutes



FREE CONTINUING EDUCATION FOR CRA EMPLOYEES

AudiologyOnline

SpeechPathology.com

OccupationalTherapy.com

PhysicalTherapy.com

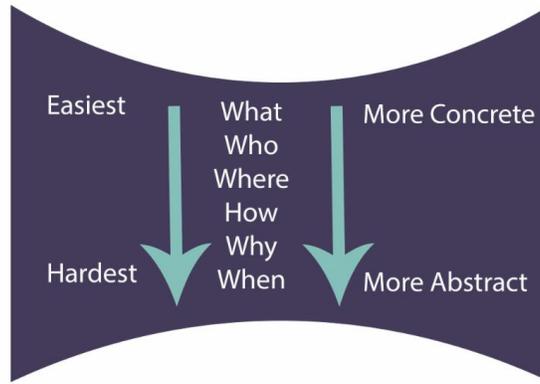
Did you know by being a CRA Provider you get free access to these 4 online training sites?

Great training! Easy to access and Learn. New topics added daily.

Just reach out to cra.talent@commrehab.com to get enrolled and start learning today.

SLPs, who has students working on WH-question goals? How many of them have intellectual disabilities? Why isn't there any research on teaching that skill with that population? When should I stop with the WH-questions? Oh—right now?

In the Sanders & Erickson 2018 study they found that school-age (3rd–12th grade) children with intellectual impairments were better with concrete questions vs. abstract ones (probably no surprise there). Specific questions words could be ranked in difficulty, as shown:



Great Resource Sites

SLP, OT & PT resource sites:

Integrative Learning Strategies or ILS

is a Great site for all providers, information, resources, links, blogs, and you can even like them on Facebook. Although they do have a useful website as well

<https://ilslearningcorner.com/>

<https://www.understood.org> another great site. A great site focused on learning and attention issues. All providers will find something here.

Check out www.speechiekeenslp.com for a newsletter subscription and click on her blog for links to the most exciting meaningful resources for all service deliveries (school based, teletherapy, etc).

Have you checked out **Mystery Doug** yet? Great topics to discuss with 4th & 5th graders. Great for all Providers, FREE bot@mysterydoug.com

<https://theinspiredtreehouse.com/>
Inspired treehouse from last months CRA newsletter.

SLPNOW and **Everdayspeech**, both online subscription sites with high reviews.



**If you know of a great site,
shoot us an email and share!**

Take Care of You!

This is the season that we all start to feel run down and our immune system is compromised. CRA know how hard you all are working. We encourage you to be proactive in taking care of yourself.

- Consider getting a flu shot, this is covered by insurance companies, including ours.
- Use sanitizer after every student session.
- Sanitize your work space: table and chairs daily.
- Set aside a time in the evening or early morning when you don't work!
- Work out or walk, walk, walk, down the halls, up & down the stairs.
- Listen to a podcast, non-work related
- Read something fictional
- Get a good nights sleep with lots of ZZZZZZ.
 - Try CALM, an app that reads very relaxing grown-up bedtime stories.
 - Learn to take deep breaths to lower your heart rate so you can sleep.



Don't forget to refer a colleague!

Remember the \$500.00 Referral fee you can earn by referring a friend.



*Referral
Bonus*